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Eight tasks, 137 cards

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TASK 1

Giving Advice

Help someone with a decision or an event. Give practical suggestions that fit this person's problem, each with a reason.

PREP 30 s | SPEAK 90 s | AIM FOR 170–210 words

WHAT YOU WILL SEE (EXAMPLE)

Your friend has a first job interview next week and feels unsure how to prepare. Give your friend advice.

IN YOUR 30 SECONDS

1. Read the problem and note who the listener is.
2. Choose three suggestions you can explain.
3. Jot one key word for each reason.

START WITH

- I'm sure it will go well, and here are a few ideas.
- That sounds like a big step. Let me share some advice.
- I've been in a similar situation, so here is what I'd do.
- Don't worry. I have a few suggestions.

PLAN YOUR 90 SECONDS

8	24	24	24	10
Opener	Suggestion 1	Suggestion 2	Suggestion 3	Close

8 s	24 s	24 s	24 s	10 s
Opener	**Suggestion 1**	**Suggestion 2**	**Suggestion 3**	**Close**
Show you care	Advice + reason	Advice + reason	Advice + reason	Encourage

PHRASES YOU WILL NEED

You should... | It would help to... | I'd suggest... | That way, you'll... | The reason is... | If I were you,...

AVOID THESE

- ✕ Giving advice that does not fit the person
- ✕ Listing ideas without any reason
- ✕ Using commands that sound bossy

STRATEGY TIP

Name the person's situation in your first sentence, then link every suggestion to it.

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01 A first job interview

Advise: a friend

PROMPT

Your friend has a job interview next week for the first time and feels very nervous. Give your friend advice.

SUGGESTION	REASON
Practise common questions out loud	→ You will find which answers are unclear or too long
Research the company	→ You can explain why you want to work there
Plan the trip and the outfit the night before	→ You arrive calm and on time
Prepare one or two questions to ask	→ It shows real interest in the job

EXTRA ANGLE Sleep well and eat a light meal so you think clearly.

TOPIC WORDS interview · confident · research · punctual · impression

02 Moving to a new city

Advise: a colleague

PROMPT

A colleague is moving to your city next month and does not know anyone here. Give your colleague advice about settling in.

SUGGESTION	REASON
Rent near public transit first	→ You can explore without buying a car
Join a club or a sports group	→ It is the fastest way to meet people
Visit different neighbourhoods on weekends	→ You will learn where you would like to live long term
Keep a small budget for the first months	→ Moving costs add up quickly

EXTRA ANGLE Call home often so the change feels less lonely.

TOPIC WORDS neighbourhood · commute · settle in · budget · community

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03 Starting college

Advise: a cousin

PROMPT

Your cousin is starting college in September and is worried about managing time. Give advice.

SUGGESTION	REASON
Use a weekly planner	→ You can see deadlines before they become stressful
Go to office hours early	→ Professors help more when you ask before problems grow
Study in short, regular sessions	→ You remember more than you do after cramming
Make friends in your classes	→ Study groups make hard topics easier

EXTRA ANGLE Keep one evening a week for rest and hobbies.

TOPIC WORDS deadline · schedule · lecture · assignment · balance

04 Learning English faster

Advise: a new neighbour

PROMPT

A neighbour who recently arrived in Canada wants to improve English quickly. Give advice.

SUGGESTION	REASON
Speak English every day, even for five minutes	→ Regular practice builds confidence
Watch shows with English subtitles	→ You connect sounds with written words
Join a conversation group at the library	→ You practise with real people for free
Keep a notebook for new words	→ You can review them and use them again

EXTRA ANGLE Do not worry about mistakes; they are part of learning.

TOPIC WORDS fluency · vocabulary · pronunciation · practise · confidence

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